

**Great Outdoors**  
**The Outdoors Experience**  
**Day Hike Trip Leader Program**

1. Introduction
  - a. Great Outdoors History
  - b. Great Outdoors Leadership
  - c. Program Overview
2. Outings Leadership
  - a. The How-To's of Leading a Trip
    - i. Trip/Route Planning
      1. Description
      2. Hike Rating General Guidelines
      3. Trail Description
      4. Route Description
3. Navigation
  - a. Maps
  - b. Navigational Instruments
  - c. Field Navigation
  - d. Route Finding
  - e. Suggested Readings
4. First Aid Considerations
  - a. Choosing a First Aid Course
  - b. Legal Considerations
  - c. Suggested Readings
5. Wildlife Encounters
  - a. Cougar
  - b. Black Bears
  - c. Coyotes
  - d. Dogs
  - e. Bees
  - f. Snakes

Appendix A : Forms