

# **Santa Rosa Island Backpacking** **(Back Country Beach Camping)**

**September 4-7, 2009**



Join Great Outdoors as we backpack the interior of Santa Rosa Island, the second largest of the Channel Islands, and camp on sandy white beaches!

## **Day One (Friday)**



The boat departs Ventura Harbor at 8 a.m. Please arrive at 7 a.m. to get ready and load your stuff on the boat. We will arrive on Santa Rosa Island at about 12:30 p.m. Upon getting our gear off the boat, we will gather around for a mandatory orientation by a park ranger regarding back country beach camping on the island. This is a good time to ask the ranger any questions you may have.

Immediately after the orientation we will begin backpacking to Ford Point through the interior of the island. The distance from the dock to Ford

Point is 10 miles and should take us 4-5 hours. The elevation gain is from 0-1,100 feet which will start off almost immediately so be prepared for a strenuous journey.

Half way through, at about mile 6, we will stop to refill for water at Clapp Springs. All water must be filtered so be sure to bring a water filter. Please have at least 3 liters of water before getting on the boat as we will not be able to fill up on water once we arrive on the island. After filling up on water at Clapp Springs we will continue backpacking which will mostly be flat to down hill at this point.

Upon reaching Ford Point we will set up camp on the beach and go get water for any of those that may be running low. The water source is about 1 mile from the camp or about 2 miles round trip. The mile to the spring is flat with beautiful vistas. You may want to bring a large plastic fold up water container, one gallon or more, to fill up on water and keep at the camp so that you do not have to make frequent trips to the water source.

Once back to camp we will enjoy the beach and/or start dinner.

### **Day Two (Saturday)**

You are welcome to do whatever you want as it is a free day. You can go to Jolla Vieja Beach which is about 2 miles from camp. For those wanting a more challenging day, I have planned a strenuous 9 mile hike. Elevation gain is from 0-1,400 feet. The mileage does not include the distance from the camp to the trailhead. Therefore, the total mileage roundtrip is about 12-13 miles.

We will start the hike at 8 am sharp and fill up at the water source so please bring a minimum of 3-4 liters for the long hike as there are no other water sources along the way. Bring your lunch and sunscreen. On the way back to camp we will fill up on water again. We should be back at about 3:30-4 p.m.



### **Day Three (Sunday)**

We backpack to Santa Rosa Island campground which is 1 mile from the dock where we started our journey. The campsite has flush toilets, tables, a shower, and potable water.

### **Day Four (Monday)**

Get up, have breakfast, pack up, and hike to the dock. The boat departs at 2 pm, but be there at least half hour before and allow extra time for the 1 mile hike to the dock from the campsite.

There are also beautiful short hikes

(Optional) that can be done close to the campsite either on Sunday when we get back or Monday when we leave.



## Notes

- This trip is rated as strenuous. The pace will be moderate, but not slow, perhaps faster depending on the participants. All participants will be expected to keep up with the group. Please try to keep your backpack weight to no more than 40 lbs. The 40 lbs includes water and food. Bring mostly dehydrated food to keep your pack weight down. The group will be kept close to prevent people from getting lost even though the trail/road is pretty straight forward. There is a fork at Clapp Springs where this may happen so faster participants must stop at the fork and wait for the entire group. There we will stop for a break and refill on water.



- Have at least 3 liters of water on the first day as we will start backpacking once off the boat and will not refill on water until we get to Clapp Springs which is 5-6 miles, a good chunk of it is uphill.
- Be prepared for all types of weather. The island can get foggy, windy, and hot.
- We must pack all of our garbage out of the island.
- Bring a trowel to dig your solid human waste. All human waste must be done some distance from any fresh water source whether dry or flowing.



### Campsite Amenities

#### **Ford Point**

There are no amenities. The site is not an official campsite so there are no benches, potable water, bathrooms of any kind, or trees for shade. It's simply nature at its best.

#### **Santa Rosa Campsite**

Is an official campsite with potable water, flush toilets, tables, and a shower.

### Directions

#### **Island Packers in the Ventura Harbor**

1691 Spinnaker Dr.  
Ventura, CA 93001

The boat leaves at 8 a.m. sharp. Please arrive at 7 a.m. to get ready and load your stuff on the boat.

**No pets, or un-enrolled friends PLEASE!**

**Suggested  
Backpacking Equipment  
List**

**Happy Trails!** 😊



Trip Leader's Use Only

Received: \_\_\_\_\_ Cash: \_\_\_\_\_  
Check #: \_\_\_\_\_ Amount: \_\_\_\_\_

**Santa Rosa Island Backpacking / Back Country Beach Camping,  
September 4-7, 2009**

Cost  
**Members                      Non-members**  
**\$125                              \$145**  
(Includes boat transportation & camping fees)

**Make check payable to Great Outdoors and mail to:**

Questions

Contact Juan    jumserrano@yahoo.com  
(323)898-4477

**Juan Serrano  
4709 W. Washington Blvd.  
Los Angeles CA 90016**

**Personal Information:** *(Couples, please register on one form)*

Name 1) \_\_\_\_\_ Name 2) \_\_\_\_\_

Great Outdoors Member? **Yes** or **No** Chapter? \_\_\_\_\_ Membership # \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ **E-mail address :** \_\_\_\_\_

Can you provide transportation **Yes** or **No** If yes, number of people \_\_\_\_\_

Date \_\_\_\_\_ In case of emergency contact: \_\_\_\_\_ Relationship \_\_\_\_\_

Phone \_\_\_\_\_ Your Medical Insurance Carrier \_\_\_\_\_

Group/Policy No. \_\_\_\_\_ Physician \_\_\_\_\_ Phone \_\_\_\_\_

Health problems/allergies: It is the responsibility of participants to carry on their person a record of significant allergies, medications, and medical history in the event of a medical emergency.

**WAIVER, MEDICAL RELEASE AND ASSIGNMENT**

I am aware that my participation in the GREAT OUTDOORS may include potentially hazardous activities, and I am voluntarily participating in these activities with that knowledge and understanding that I will use my best judgment to avoid injury to others and myself. I agree to follow the directions of the trip leader and abide by the rules of the facility I am using. I hereby release GREAT OUTDOORS, including its officers, trail or trip leaders, agents or other persons working with GREAT OUTDOORS from any liability for injuries, physical or mental, which I may suffer by reason of any participation in these activities. I recognize in waiving this liability that I am assuming sole responsibility for my actions and cannot blame any injuries on any other persons connected with GREAT OUTDOORS. I hereby agree to assume full financial responsibility for any bills incurred by me for medical treatment as the result of my participation in this GREAT OUTDOORS activity. In the event that I am unable to consent to medical care, I hereby authorize the trip leader to consent to emergency medical treatment for me, including hospitalization and surgery, as may be best determined under the circumstances.

Signature(s) 1 \_\_\_\_\_ 2 \_\_\_\_\_