

The Out West August

The monthly newsletter for Great Outdoors OC/LB

2009



The general meeting is on the first Tuesday

The next meeting is **Tuesday, August 4th at 7:00PM at El Torito**

at the corner of Goldenwest and Bolsa (one block south of the 405 Fwy). From the 405 Fwy take Goldenwest south one block. From the 22 Fwy take Knott Ave. (south of the 22 Fwy Knott becomes Goldenwest), go south about 1 1/2 miles 1 block past the 405 Fwy, it's on the south east corner. Social hour and dinner at 7:00PM and the meeting is at 8:00PM sharp. The meeting is in the banquet room, downstairs to your right as you walk in the door. Everyone is welcome. Visit us on line @ www.greatoutdoors.org/oclb.

of every month.

(Westminster) 15402 Goldenwest,



“Save a tree help the environment” and save a buck for the chapter. We would love to send the newsletter to you across the web instead of snail mail. If you wish to have the newsletter sent to you thru your e-mail, send me a message with your e-mail address and a current phone number (in case I have questions). Your information will stay confidential and we will start sending out the news letter via the net. E-mail me your information @ mlroth@mymlothcalif.com. I will bounce back a confirmation to you that I received it. Thanks, Michael Roth (newsletter ed.)



“Paso Picacho Camp Grounds at Cuyamaca Rancho SP” August 7th-9th

(Note, this trip was scheduled as Green Valley, the camp ground has changed.)

The Orange County/Long Beach & San Diego chapters will host a trip to Cuyamaca Rancho State Park. This is a mountain setting 16 miles south of Julian Ca. and east of Escondido. We will camp at about 5,400 feet in elevation in a pine forest. **Activities:** We have over one hundred miles of hiking trails to chose from, plus all the scenic views to chose for photo op's. There is a lake about 2 miles away, and full boat rentals at the lake side. Julian is 19 miles to the north and is the apple capital of California. Julian is a quiet little former mining town from the late 1800's. It is now however a tourist destination. There are plenty of apple pie shops and restaurants if a afternoon meal is your thing. **Weather:** We will be at 5,400 ft elevation, it can be warm to hot at this time of year. Day time temperatures should be in the 70's to 90's, **However** it can be in the 50's so bring warm cloths for the night and plenty of bedding. prepare for rain but hopefully we won't get any. Bring your own food for the trip, pot luck on Sat. night. There are bathroom facilities and showers (\$.25) Pets are allowed in the campground, paved roads, picnic sites and on the Cuyamaca Mountain paved fire road, **no pets on the trails**. This is a hikers paradise.



Trip Leader: Michael Roth at 562-533-1577 or mlroth@mymlothcalif.com

Camp fee's are \$35.00 members each. \$45.00 non-members each
RV,s \$60.00 member +\$10.00 for ea add. Person
\$70.00 non-member +\$10.00 for ea add. Person.

We have one 21 ft. space and one 24 ft. space for RV's, RV's will share space with tents. We have spaces P-28 to P-33. Camp fires are allowed at this time 5/24.



Chapter Officers

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"Chapter Photo Contest"

The Orange County/Long Beach chapter of Great outdoors is having a Photography contest each quarter of the calendar year. Any member of "GO" may submit a photo(s) taken on a OC/LB sponsored trip, for which they have a paid registration.

Entry's must be turned in on or before the second membership meeting past the end of the quarter. Prizes are; 1st place \$25.00, 2nd Place \$20.00 and 3rd Place \$15.00, all photo's become the property of Great Outdoors. Any photo with a person or persons must have a signed release with it so that we can include the photo in our newsletter or on our web page. Please include your name and a contact point with all submitted photo's to include the trips identity and date. Entry's may be made at the membership meetings or mailed to the PO Box. (the address is on the back cover)

Last Months Meeting

At the membership meeting we hold a 50/50 drawing. Tickets are purchased for door prizes and cash awards. The winners were,

Glen	Folding Table
Bob H	Flash light
Rob	\$13.00 cash
David	\$12.00 cash

There were **18** members and friends present

See all of you next month.
Movie Nights are back

Great Outdoors Jamboree! "Morro Bay State Park" September 24-27, 2009

Morro Bay State Park is a gem of a site for our annual Corporate Jamboree. Located on the shore of Morro Bay, with the famed Morro Rock as our backdrop, you can expect a three night/four day weekend full of activities. Morro Bay has everything for a perfect summer's-end trip. The forested campsite was originally planted by the Civilian Conservation Corp crews during the 1930s. We have reserved a large group site for tents and several close-by individual sites for those with RV's or trailers. The campsite has showers and flush toilets. The State Park includes Ecological Reserve walks, the Morro Bay Museum, Morro Bay Marina with canoes and kayaks, golfing, trails into the watersheds and bicycling routes. Montano de Oro State Park, with its amazing ridge trails overlooking the ocean, is open to explore for day use.

Schedule of Events*:

- THURSDAY** 2PM Campground Check-In begin 4-6PM Meet & Greet 6PM Dinner on your own with campfire social afterwards
- FRIDAY** 10AM Day Hike to Morro Bay Preserve & surroundings, bring a lunch 2PM Explore Morro Rock & Town of Morro Bay Dinner in town or on your own
- SATURDAY** 10AM Montana de Oro Bluff Walk, bring lunch 4PM Tea followed by 6PM Pot Luck **
- SUNDAY** 12 NOON Last checkout

Cost Member \$40 Non-member \$60

Parking: First 15 vehicles at the Group site are free of charge. All others, \$5/night at the bay front parking lot. At individual sites, first vehicle or RV is at no charge, next vehicle is \$5/night.

TRIP LEADERS: Brian M., SBVC muddbilt@verizon.net, 805-407-9001
Lloyd Q., PS Lloyd.Queen@sodexo.com, 714-813-6050



“West Pinnacles Backpack” Aug 8-16, 2009

A seven day High Sierra adventure in the John Muir Wilderness, Sierra National Forest

Rating: Moderate **Trip Type:** One way **Total distance** About 29 miles, 4500' gain/loss **Elevations:** 7400 feet to 11,830 feet **Description:** On the west side of the Sierra Nevada mountains, nestled north of Kings Canyon National Park and south of Yosemite National Park, this trip explores forests, rivers, high country, alpine lakes and high cross country passes in this pristine area. **Trip Plan: Sat Aug 8:** Drive to Jackass Meadow campground near Florence Lake on the west side of the Sierra. This is an all day drive involving a long one way road over Kaiser Pass. Please plan on leaving home early. Campground is also reserved for Fri night. Mono Hot Springs is near by so an extra day at either end of the trip would be relaxing.

Sun Aug 9: Setup car shuttle. Backpack 8 miles from Bear Diversion Dam Trailhead 7400' to Kip Camp 8350' (+950').

Mon Aug 10: Backpack 4.5 miles from Kip Camp to Three Island lake 10,568' (+2220)

Tues Aug 11: Layover day. Explore area. Swim in alpine lakes. Bask in Sierra Bliss!

Weds Aug 12: Backpack 2.5 miles cross-country over high point of the trip (11,830') to Old Squaw Lake 10,980'. (+1262', -850') Peak of perseid meteor shower under last quarter moon.

Thurs Aug 13: Short backpack x-c 1.5 miles to Pemican Lake 10,760' (-220')

Fri Aug 14: Big descend into Piute Canyon. Head west to Blayne Meadow Hotspring 7664'. 8 miles (-3096')

Sat Aug 15: Pack 4 miles to Florence Lake 7328'. (-336') Take ferry across Florence Lake. Overnight at Jackass Meadow campground near Florence Lake. Campground is also reserved Sun night.

Sun Aug 16: Drive home.

Other Details: Group size is limited to 8 people. Bear Canister not required but recommended.

Prerequisite: Having been on at least 4-day backpack with leader or equivalent.

Fee: \$65 members, \$70 non-members. Fee includes up to 4 nights in campground, Florence Lake ferry and wilderness permit fees. Last day to register will be July 27. No refund once you signup.

Leader: Rob (949) 497-6897 rob@roberttalbert.com



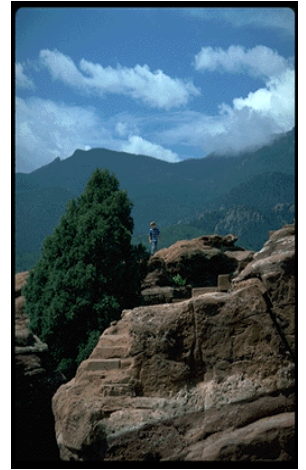
The Great Outdoors...is waiting for you!

Join Us this Fall for our Annual Outdoor Skills and Leadership Program
September 12 & 13 and October 2, 3 & 4, 2009



The California Great Outdoors is a non-profit organization for gays, lesbians and others who enjoy playing outside by Hiking, Camping, Kayaking, RVing and getting together for fun under the sun or under the stars...

For more info about this unique program check out www.greatoutdoors.org



Movie and Game Night

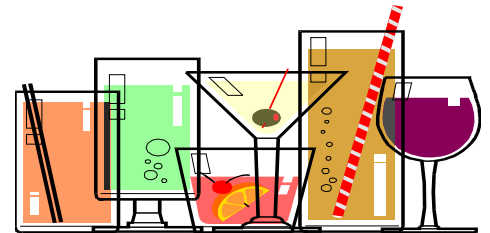
If you like board games, good food, and enjoy the company of The Great Outdoors members, then join us on August 29th in Ranch Cucamonga. The pot-luck dinner will start at 5:00 p.m. and the games will begin at 6:00. You can also watch the big-screen showing of "Wall-E". Please bring a dish to feed 4-6.

See you there!

Host: Fred and Athan Location: Villa Lufa
12271 Wintergreen Street
Rancho Cucamonga, CA 91739

Please RSVP 909-899-2317

When: **Saturday, August 29, 5:00PM**



Looking Ahead

August

7/9 Picacho camp grounds OC/LB & SD
13/16 White water rafting, Upper Klamath SB/VC
14/16 Table Mountain LA
22nd Hollywood Bowl OC/LB
29th Movie night OC/LB
8/29-9th Sept. Utah Loop All chpt.
8/30-9th Sept. Burning Man PS

September

4/7 Santa Rosa island back Pack SB/VC
12th Movie night OC/LB

12th & 13th Wilderness EduPhase 1 Corp
25th Mount Zion loop hike OC/LB
24th-27th Jamboree Corp.

October

2nd-4th Wilderness Edu. Phase 2 Corp
16th Camping Mgt. SB/VC Tom Ogier
Conference, date TBA

November

26th-29th Anza-Borrego St. Park OC/LB

See the full calendar at our website

Santa Rosa Island Backpacking (Back Country Beach Camping)

September 4-7, 2009

Join Great Outdoors LA Chapter as we backpack the interior of Santa Rosa Island, the second largest of the Channel Islands, and camp on sandy white beaches!

Day One (Friday)

The boat departs Ventura Harbor at 8am Please arrive at 7 a.m. to get ready and load your stuff on the boat. We will arrive on Santa Rosa Island at about 12:30 p.m. Upon getting our gear off the boat, we will gather around for a mandatory orientation by a park ranger regarding back country beach camping on the island. This is a good time to ask the ranger any questions you may have. Immediately after the orientation we will begin backpacking to Ford Point through the interior of the island. The distance from the dock to Ford Point is 10 miles and should take us 4-5 hours. The elevation gain is from 0-1,100 feet which will start off almost immediately so be prepared for a strenuous journey. Half way through, at about mile 6, we will stop to refill for water at Clapp Springs. All water must be filtered so be sure to bring a water filter. Please have at least 3 liters of water before getting on the boat as we will not be able to fill up on water once we arrive



on the island. After filling up on water at Clapp Springs we will continue backpacking which will mostly be flat to down hill at this point.

Upon reaching Ford Point we will set up camp on the beach and go get water for any of those that may be running low. The water source is about 1 mile from the camp or about 2 miles round trip. The mile to the spring is flat with beautiful vistas. You may want to bring a large plastic fold up water container, one gallon or more, to fill up on water and keep at the camp so that you do not have to make frequent trips to the water source. Once back to camp we will enjoy the beach and/or start dinner.

Day Two (Saturday)



You are welcome to do whatever you want as it is a free day. You can go to Jolla Vieja Beach which is about 2 miles from camp. For those wanting a more challenging day, I have planned a strenuous 9 mile hike. Elevation gain is from 0-1,400 feet. The mileage does not include the distance from the camp to the trailhead. Therefore, the total mileage roundtrip is about 12-13 miles. We will start the hike at 8 am sharp and fill up at the water source so please bring a minimum of 3-4 liters for the long hike as there are no other water sources along the way. Bring your lunch and sunscreen. On the way back to camp we will fill up on water again. We should be back at about 3:30-4 p.m.

Day Three (Sunday)

We backpack to Santa Rosa Island campground which is 1 mile from the dock where we started our journey. The campsite has flush toilets, tables, a shower, and potable water.

Day Four (Monday)

Get up, have breakfast, pack up, and hike to the dock. The boat departs at 2 pm, but be there at least half hour before and allow extra time for the 1 mile hike to the dock from the campsite. There are also beautiful short hikes (Optional) that can be done close to the campsite either on Sunday when we get back or Monday

when we leave.

Notes

This trip is rated as strenuous. The pace will be moderate, but not slow, perhaps faster depending on the participants. All participants will be expected to keep up with the group. Please try to keep your backpack weight to no more than 40 lbs. The 40 lbs includes water and food. Bring mostly dehydrated food to keep your pack weight down. The group will be kept close to prevent people from getting lost even though the trail/road is pretty straight forward. There is a fork at Clapp Springs where this may happen so faster participants must stop at the fork and wait for the entire group. There we will stop for a break and refill on water. . Have at least 3 liters of water on the first day as we will start backpacking once off the boat and will not refill on water until we get to Clapp Springs which is 5-6 miles, a good chunk of it is uphill. Be prepared for all types of weather. The island can get foggy, windy, and hot. We must pack all of our garbage out of the island. Bring a trowel to dig your solid human waste. All human waste must be done some distance from any fresh water source whether dry or flowing.

Campsite Amenities Ford Point

There are no amenities. The site is not an official campsite so there are no benches, potable water, bathrooms of any kind, or trees for shade. It's simply nature at its best. Santa Rosa Campsite Is an official campsite with potable water, flush toilets, tables, and a shower.



Address correction requested

Oct 6th

Sept 1st

Aug 4th

Meetings are:

The Next

www.greatoutdoors.org/oclb

Anaheim, CA 92816

PO Box 6026

Great Outdoors OCLB

Membership Application

Mr./ Ms _____ Phone # _____

Address _____ Change of address Y N

City _____ State _____ Zip-Code _____ - _____ New Renewal

Regular \$25.00 Couples \$45.00 Two names, one address

Special \$15.00 Woodsperson \$50.00 T-Shirt and \$5.00 off one outing

Student - 12 units / semester(including a copy of school ID)

Senior (55 years or above) Hardship (see a chapter officer)

e-mail address _____

By joining Great Outdoors and or attending club events, I acknowledge that in order for Greatoutdoors to assume full legal rsonpibility, it would have to charge higher fees than it does now. I waive the right to ever lay claim for injuries I might suffer before, during or after any great Outdoors outing or event. My guests will agree to these principles in writing before attending outings or events.

Signature _____

Date _____

mail to Great Outdoors PO Box 6026

Anaheim Ca. 92816